



www.gymnasticselegance.co.uk

**London
Gymnastics school of Elegance - LGSE
Agreement**

ACTION POINTS

- * **Please print, complete and sign this Agreement and bring it on the next training day**
- * **Carefully read through**

1. General

1. All LGSE members, parents and staff must adhere to the specific rules of the venues we run classes in.
2. All gymnasts need to have a Club Uniform and their own Rhythmic Gymnastics equipment. (Uniform, equipment and other merchandise can be ordered via our Club Merchandise Officer).
3. All gymnasts need to bring a water bottle to training. No fizzy drinks, food or chewing gum is allowed in the gym.
4. All long hair must be tied up neatly and no jewellery is allowed. Anyone wearing earrings will be asked to remove them or cover them with tape or a plaster
5. Kids under 13 years of age must be accompanied by adult before and after each session
6. The child's attendance book should be handed to their coach at the beginning of the lesson.
7. Children under 5 may feel distressed in unfamiliar place, so we kindly ask the Under 5 new joiners' parents not to leave the premises during at least the first 3-4 sessions.

8. Parents are not allowed to come inside of training area during any classes. Children progress better if parents do not distract them. It's dangerous to communicate with your child whilst training
9. Parents need to ensure that the child has had a drink and been to the toilet before the session starts to minimize disruption.
10. Parents need to arrive on time to collect their kids or to let LGSE know in case of lateness.
11. Parents should inform us in advance if the child will not be attending a session.
12. As the training sessions run one-by-one the coaches do not have an opportunity to answer parents' enquiries. If you have any questions, please, contact our administrator and your concern will be addressed
13. LGSE will not tolerate any abuse, bullying or threatening to our coaches and any LGSE staff. Rudeness, insults, unreasonable demands, unreasonable persistence, managing unacceptable actions, discrimination on any grounds (skin colour, nationality, sexual orientation), physical and mental abuse are prohibited and their use by any gymnast or parent, especially in front of the children, could result in termination of membership.

2. Parents obligations

1. The Parents warrant that the information provided on the Registration Form is accurate and up to date. It is the Parents/Guardians' responsibility to ensure that they update LGSE in writing of any change in medical conditions or contact details.
2. It is the Parents/Guardians' responsibility to inform LGSE of any special medical conditions at the point of joining.
3. Parents/Guardians agree to accept the sole responsibility for their child immediately before and after the end of the class. It is the Parent/Guardian responsibility to ensure their child's safety while in the changing rooms, toilets, reception and waiting areas as well as the safe entry of their child to the Sports hall and vice versa.
4. Parents/Guardians are responsible for bringing their child on time for the class. Warm up is essential part of the training and the child's potential absence from the first part of the lesson could result in injuries.
5. Parents/Guardians take full responsibility for their children's personal belongings such as clothes, shoes and bags. Coaches and officials of LGSE are not held responsible for any damaged, lost or stolen items in the Sports hall or the facility.
6. Parents/Guardians are advised to accept official judgments regarding their child's behaviour and development. LGSE strongly discourages challenging and arguing with club coaches and officials.
7. Parents/Guardians' should not use personal phone numbers of coaches and staff.
8. LGSE follows strict anti-discriminatory policies. Everyone in the club will receive equal treatment.
9. If you have cause to complain about our service, please turn to the club's Welfare Officer.
10. It is the Parents' responsibility to make sure the child is familiarized with Gymnast's Code of Conduct.

3. Gymnast's Code of Conduct

1. Gymnasts should follow carefully all the instructions given by coaches and behave in appropriate manner.
2. Gymnasts must adhere to the rules and respect coaches, judges and their decisions. Gymnasts must respect fellow club members.
4. Gymnasts must display professional and respectful conduct whilst representing the club at competitions or other events.
5. Gymnasts must inform the head coach of any injuries or illness they may have before or during the session.
6. Gymnasts are not allowed to leave the premises without permission of the Head Coach for their safety and security reasons. Under 13s should remain with coaches at the end of a session until collected by their parent or guardian.

4. Parents Code of Conduct

1. Parents must ensure their child arrives on time for their session.
2. Parents must deliver their child into the gym to ensure their child's coach is present and also collect them from the gym to ensure they are safely returned to a responsible adult at the end of a training session.
3. Parents must ensure their child is appropriately dressed for gymnastics and has a water bottle, hair tied up, no jewellery etc.
4. Parents must ensure their child understands that they must follow the instructions of the coaching staff at all times.
5. Parents must inform the coaches of any condition their child may have that may affect their participation in the session.
6. Parents must ensure all necessary paperwork is complete, training and competition fees are paid on time or discuss any problems confidentially with the club treasurer.
7. Parents must encourage their child to value their own performance and not just the result. Winning is not within their control, their own effort is!
8. Parents must appreciate and respect the efforts of the coaches and club officials in the development of their children and understand that success in gymnastics takes many, many years of hard work and dedication.
9. Parents should support the efforts of the coaches and committee members and assist where possible by lending your help and expertise to further the objects of the Club.
10. For the safety and welfare of all Club members Parents should share and report any concerns they may have to a coach or the Welfare Officer.
11. Parents must recognize their child's efforts, improvement and successes in every form and encourage them to understand that although trying to win is important, that it shouldn't be all and end all!

5. Coaches

1. All coaches must ensure that safe environment is provided at all times.
2. Coaches must be immediately accessible and never leave the premises while a session is in progress.
3. Gymnastics is a sport, which requires a high level of safety and discipline. Therefore, coaches are allowed to use appropriate level of verbal discipline if

they deem necessary to avoid accidents and minimize injuries.

4. Coaches are allowed to use British Gymnastics supporting techniques when helping the gymnast understand the correct position, shape or movement.

5. Coaches have the rights to sit a gymnast out of class, if she does not follow the club's rules and safety regulations.

6. Membership, Payments, Classes and Attendance

1. Gymnasts, who do not hold a valid BG Membership, will not be able to attend training sessions.

2. Club Membership fee is £25 and must be paid annually by all members.

3. Payment period (term) is around 10 weeks usually.

4. The invoices for the next term are issued 1-2 weeks before the current term ends and must be paid in within the first week of the new term. £10 late payment fee must be added after this deadline.

5. LGSE will not refund or credit any fees if you miss a class or choose to stop attending classes before the end of the term. Pro-rata discount is available only to new members who join the Club in the middle of the term. Refund is only available for more than 2 weeks absence caused by medical conditions and confirmed with a doctor's letter. To receive a refund, please, send an email to info@gymnasticselegance.co.uk within 24 hours.

6. Members, who have not completed their payment in time are not allowed to join classes. LGSE retains the right to sit a gymnast during the class, if the fees are outstanding.

7. Our Rhythmic gymnastics classes run from early September till end of July. We are closed only on Christmas Holidays, 2 weeks, and Summer Holidays, in August.

8. Our classes are now over subscribed in order to secure your child's place please insure that subscriptions are paid by due dates. If fees are not paid by the deadline the Club will assume the place for your child is no longer required. Any late payments that are accepted will incur a administration charge.

9. Missed sessions are not transferable to other sessions or gymnasts.

10. A month's notice is required should you decide to leave the Club

11. Students are expected to attend at least 90% of their classes. If injured or on holiday, please notify our Head Coach or Administrator. We have a long waiting list of eager children who will fill place if attendance is low.

12. When the payment is not received during the first week of the term the child will not be admitted to the training session. When the payment is still not received by the end of the fourth week of the term the Club reserves the right to apply to the Court.

Date

Signature

CHILD DETAILS

CHILD FIRST NAME

CHILD SURNAME

CHILD DOB dd/mm/yy

PARENTS/GUARDIAN DETAILS

FULL NAME

HOME TELEPHONE

MOBILE TELEPHONE

OTHER TELEPHONE

EMAIL ADDRESS

BG MEMBERSHIP NO

LGSE TRAINING DAYS/HOURS

DAYS

TIME

Parent name

Signature

Date

Any medical conditions that we should be aware of:

YES

NO

IF YES, PLEASE GIVE DETAILS

I have read and understand LGSE's Agreement and I accept and agree to all of it's terms and conditions.

YES

NO

I consent to photographing or videoing and publishing my child's involvement in trainings/ competitions as LGSE member.

YES

NO